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My Paleo Patisserie: An Artisan Approach To Grain Free Baking



Synopsis

My Paleo Patisserie gathers all the rich heritage, exquisite elegance, and rustic beauty of traditional patisserie baking and seamlessly melds it with the gluten-free and Paleo-inspired diet. Drawing on over two decades of experience in traditional and modern patisserie baking, Jenni Hulet brings the spirit of patisserie baking alive in this lavishly photographed collection of recipes. Each section of My Paleo Patisserie introduces and adapts the fundamental elements and techniques of traditional patisserie baking for the grain-free baker. With dozens of beloved culinary standards and hundreds of potential recipe combinations, My Paleo Patisserie is an indispensable resource of creative grain-free confectionery.

Book Information

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Customer Reviews

This cookbook is truly a work of art and you can tell that Jenni has poured her heart and mind into it. If I can say one thing about it, it's this - I have a TON of paleo/gluten free cookbooks and THIS one is going to be the one that I will use continuously for the rest of my life. Every birthday or celebration, this baby is going to be pulled out. Want to try your hand at Paleo Double Chocolate Blackberry Cream Puffs (or any variation of it for that matter)? There's a recipe or 10 for that. Something more simple like a basic baguette (um hello puffy bread that I've been missing) or popover? Literally the list goes on from the most decadent pastries, to single layered or 3 layered cakes, ice creams, marshmallows, pizza crusts, and more! One of the things that is great is that there are options for EVERYTHING. Everything in the book is gluten free and dairy free, and there are variations of recipes to make them nut-free or dairy-free to. But more than just dietary options though, the options

that I really LOVE are that Jenni gives you the basic recipes (ex: chocolate cake, vanilla cake) and then the advanced recipes based off of those (Chocolate Cherry Naked Cake, Neopolitan Cake, etc.) AND THEN she gives you a "Build Your Own ---" pages! This is where the gold is and what you will truly use for the rest of your life. She has "Build your Own Cake", "Build Your Own Choux" for pastries, and "Build your Own Tarts" pages. Seriously brilliant. Just the other day I used that section to make my husband his birthday cake - a 2 layer chocolate cake with French Buttercream filling and frosting. It was one of the most moist and delicious chocolate cakes that I've ever eaten!

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